



Celebrating 21 years

of the Mary Kay Ash Charitable Foundation!

When?

Saturday, September 17 at 11 am (your time)!

Join a virtual community of go-givers as we walk/run on a mission to bring hope and light to women facing cancer and women and children impacted by domestic abuse. Plus, we will be going LIVE on Instagram, so you can join in on the fun!

How does it work?

Registration for the Virtual MK5K is easy, click [here!](#) If you register by August 28 you will receive exclusive MK5K goodies. Once you have signed up, customize your personal fundraising page, invite friends and family to join your team, then set a goal and start fundraising!

When the big day arrives on Saturday, September 17 at 11 am, head out for your MK5K! Although we will not be physically together, know that go-givers across the country will be there with you – virtually, as you strive to make a difference in supporting women and children.



scan here!



Plus, your fundraising efforts can earn you a chance to win amazing prizes!

Participants who fundraise \$200 - \$499

will be automatically entered into a draw for one of three \$100 Visa gift cards.

Participants who fundraise \$500 or more

will also automatically be entered into a second draw for one of the two specialty jewellery pieces!

In addition, the Team Captain with the highest total of team donations will be awarded with a \$250 gift card!

Visit:

<https://www.canadahelps.org/en/charities/mary-kay-ash-charitable-foundation-canada/p2p/MK5K2022/>

for full contest details!